



Summer Heat Wave

Workout at the Recreation & Fitness Center

**4 TIMES A WEEK FOR 6 WEEKS
TO BE ELIGIBLE TO WIN A PRIZE**

Mon, June 29th through Sat, August 15th

Registration begins on Monday, June 22nd and
will end on Monday, June 29th.

Please see the fitness floor staff or
admission control staff (before 8am) to register.

Don't forget to have your workout card initialed
by a staff member each time you workout!

For more information please contact Kassie,
280-6009 or kthibode@uno.edu.

